Longitudinal NMR and spin states in the A-like phase of ³He in aerogel

V. V. Dmitriev[1], L. V. Levitin, N. Mulders*, D. E. Zmeev

P. L. Kapitza Institute for Physical Problems RAS, 119334 Moscow, Russia

Department of Physics and Astronomy, University of Delaware, Newark, Delaware 19716, USA

It was found that two different spin states of the A-like phase can be obtained in aerogel sample. In one of these states we have observed the signal of the longitudinal NMR, while in another state no trace of such a signal was found. The states also have different properties in transverse NMR experiments. Longitudinal NMR signal was also observed in the B-like phase of ³He in aerogel.

PACS: 67.57.–z

Introduction. Aerogel is a "tangle" consisting of SiO_2 strands. Diameter of strands is about 30 Å, i.e. much less than the correlation length in superfluid ³He. Consequently the system "liquid ³He + aerogel" allows to investigate an influence of impurities on superfluidity with nontrivial Cooper pairing. It is known that in a weak magnetic field two superfluid phases (called A-like and B-like) can exist in ³He in aerogel [1, 2]. It is also established [1, 3] that the B-like phase is analogous to the B-phase of "usual" bulk ³He (i.e. is described by similar order parameter). However the problem of identification of the A-like phase remains unsolved. At pressures above 20 bar this phase can exist in a wide range of temperatures below the superfluid transition temperature T_{ca} in a metastable (supercooled) state. It is established [1] that the A-like phase belongs to the family of Equal Spin Pairing (ESP) phases, but its Nuclear Magnetic Resonance (NMR) properties do not correspond to the properties of the A-phase of bulk ³He [1, 4–6]. Fomin has suggested the so called "robust" ESP phase – the phase in which the orientation of the order parameter is not influenced by presence of the aerogel – as a possible candidate for the A-like phase [7, 8]. Volovik suggests another state as a model of the A-like phase – the state with highly spatially randomized bulk A-phase order parameter [9, 10]. Baumgardner and Osheroff [11] based on analysis of some experimentally measured values suggested that the A-like phase is a planar (two-dimensional) phase. Here we present results of our recent NMR studies of the A-like phase which may be useful for the identification of this phase. One of the aims of our experiments was an observation of longitudinal NMR signal from the A-like phase of ³He

in aerogel and comparison of the results with transverse NMR data.

Experimental setup. Experiments were done at pressures 26.0 bar and 29.3 bar in magnetic field of 224 Oe (corresponding to NMR frequency of 728 kHz). We used so called 98.2% porosity aerogel, in which 98.2% of the volume is empty and silica strands occupy only 1.8% of the whole volume. Note that in the most of experiments done by other groups, aerogel samples with the same (or close) porosity were used. Our aerogel sample had a cylindrical form (diameter=4 mm, length=6 mm) with the axis oriented along the external steady magnetic field. The sample was situated inside the epoxy cell, so that there were only small gaps (about 0.07 mm) between the sample and the cell walls (Fig.1). The cell was surrounded by transverse (60 turns) and longitudinal (350 turns) NMR coils. Both coils were wound from thin (diameter of 0.07 mm) superconducting NbTi wire in CuNi clad. During the first cooldown, in order to avoid disturbances of the external magnetic field homogeneity, both coils were cooled through the superconducting transition temperature (9 K) in the presence of the NMR field (see [12] for details of the procedure). As a result the width of the ³He transverse NMR line in the normal phase was usually less than 25–30 Hz. Standard NMR setups were used, i.e. radiofrequency (RF) excitation was applied to the NMR circuit; the voltage across the corresponding coil was amplified by a preamplifier and then detected by a lock-in amplifier. In both NMR spectrometers we have used room temperature preamplifiers but the resonant circuit for longitudinal resonance was cold and had the fixed frequency (9593 Hz). The quality factor of this circuit was about 2300. The temperature was obtained by copper nuclear demagnetization refrigerator and was measured
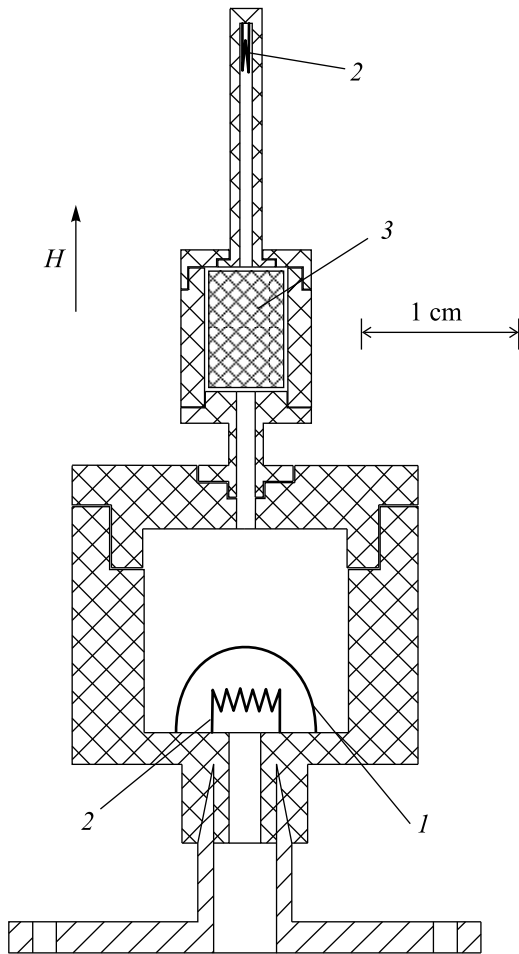
[1] e-mail: dmitriev@kapitza.ras.ru

Fig.1. The experimental cell. Aerogel sample is shown in gray: *1* – vibrating wire, *2* – heaters, *3* – aerogel sample

by a vibrating wire situated in a large volume connected to the cell by a narrow (diameter of 1 mm) channel. Two heaters were used to stabilize and to sweep the temperature. In order to avoid the paramagnetic signal from solid ^{3}He on the surface of aerogel strands, the aerogel sample was preplated by about 2.5 monolayers of ^{4}He. Consequently no Curie-Weiss behavior of spin susceptibility was observed in our experiments.

Longitudinal NMR experiments. The experiments on longitudinal NMR were performed in the following way. Resonant frequency excitation (usually corresponding to the amplitude of the RF field of 0.02–0.1 Oe) was applied to the longitudinal NMR circuit. Then we monitored lock-in output signals and started to change the temperature by changing the power, dissipated by heaters (Pos.2 in Fig.1). The results of such an experiment are shown in Fig.2. Solid curves correspond to cooling from above T_{ca} down to temperatures below the temperature of A-like → B-like phase transition (T_{ab}). At first we get the A-like phase and then
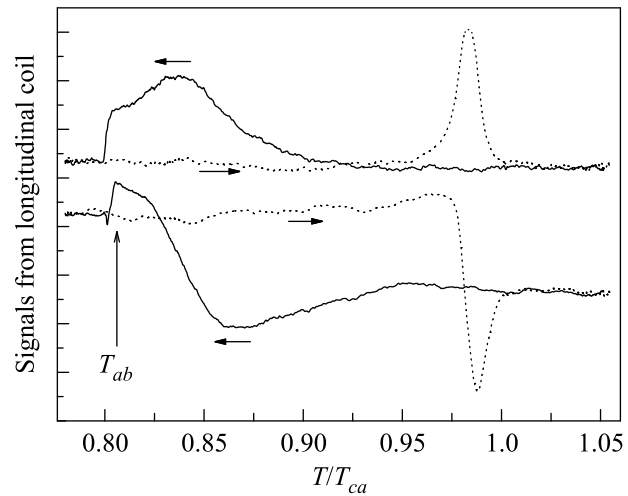

Fig.2. Longitudinal NMR absorption and dispersion signals versus the temperature (the B-like phase signal was used as a reference to adjust the lock-in phase angle). Arrows show the direction of the temperature sweep. $P =$ $= 26.0\,\mathrm{bar}$

at $T = T_{ab}$ the transition into B-like phase takes place. Note that this transition is rather slow (it occurs during about 1 min) but the corresponding change in the longitudinal signal is very clear. Dotted curves correspond to a subsequent warming from the B-like phase (here the metastable A-like phase is not seen in a whole temperature range) up to temperatures above T_{ca}. We interpret the clear resonance features on curves in Fig.2 as signals of longitudinal resonance in the A-like phase (solid curves) and in the B-like phase (dotted curves). We have found that for a given excitation frequency the maximal response in the A-like phase corresponds to $T \sim 0.835 T_{ca}$ at both used pressures. The corresponding values of T_{ca}/T_c and T_{ab}/T_{ca} are equal to 0.795, 0.81 (for $P = 26.0\,\mathrm{bar}$) and 0.81, 0.74 (for $P = 29.3\,\mathrm{bar}$) respectively, where T_c is the superfluid transition temperature of the bulk ^{3}He. It is worth mentioning that further warming up close to T_c results in one more small longitudinal resonance signal which is obviously connected with the longitudinal resonance in the bulk superfluid ^{3}He in the gaps between the aerogel and the inner walls of the cell.

Transverse NMR experiments. It was found that if the A-like phase is obtained as it is described above (i.e. by cooling from the normal phase without additional external perturbations) then the continuous wave NMR line has a two-maximum shape (Fig.3). These two maximums can be attributed to some complex texture of the order parameter. Another possibility (which is more probable as it will be seen below) is that we have two different regions with different tex-
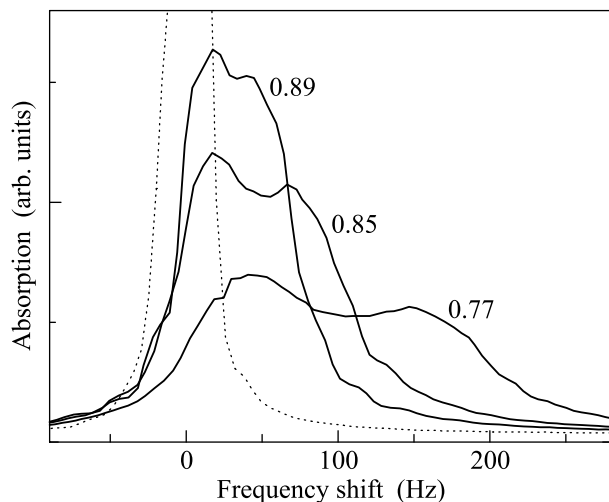
Fig.3. CW NMR absorption signals in the A-like phase at different temperatures. Temperatures in terms of T/T_{ca} are shown near each curve. Dotted curve corresponds to $T > T_{ca}$. $P = 29.3$ bar

tures (two different spin states) inside the sample. Each of these states corresponds to some well defined value of the NMR frequency shift. CW NMR experiments in presence of longitudinal gradient of the external steady magnetic field have shown that these states are not homogeneously distributed over the sample but concentrated mainly at the opposite ends of the sample: the state with the larger frequency shift (let us call it "far from the Larmor value" or "f-state") is situated mostly in the lower part of the sample and the state with the smaller shift ("close to the Larmor value" or "c-state") – in the upper part. Let us suggest that the NMR line in each state can be described by a simple Lorentzian. Then we obtain (by a simple fit with two Lorentzians) that in a wide range of temperatures the ratio of the frequency shifts in f- and c-states is about 4. Volumes occupied by these states are usually equal (for 29.3 bar the ratio of integrals over the f-state Lorentzian and c-state Lorentzian was 1.03±0.05 in a number of runs; at 26.0 bar sometimes we obtained 2–3 times less amount of the f-state).

In order to get pure (f or c) state we have tried to obtain the A-like phase by a fast (or very slow) cooling down through T_{ca}. However the two-maximum shaped line was found to be reproducible. Therefore we have tried another technique to influence the texture, i.e. an application of 180° tipping pulses. It was shown earlier that in the bulk A-phase such a method results in essential changes in the shape of the NMR line due to creation of solitons [13,14]. We have found that in our case the application of 180° tipping pulses well below T_{ca} does

not influence the shape of the CW NMR line. However, if we apply 180° pulses while cooling down through T_{ca} then the situation is different. The f-state disappears and CW NMR line corresponding to nearly pure c-state is observed (Fig.4). The above mentioned procedure of
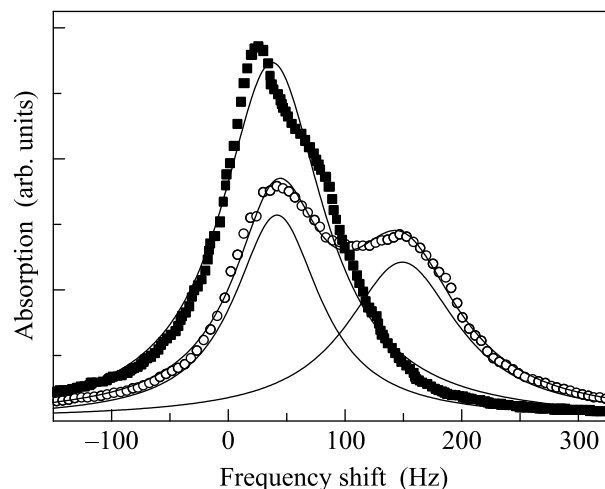

Fig.4. CW NMR lines in the A-like phase at the same experimental conditions. Circles – ($f + c$)-state, squares – pure c-state (obtained after application of 180° pulses at temperatures near T_{ca}). Solid lines are the best fit with Lorentzians. $P = 29.3$ bar, $T = 0.77T_{ca}$

fitting the NMR line by two Lorentzians gives a good agreement between c-component of the mixed ($f + c$)-
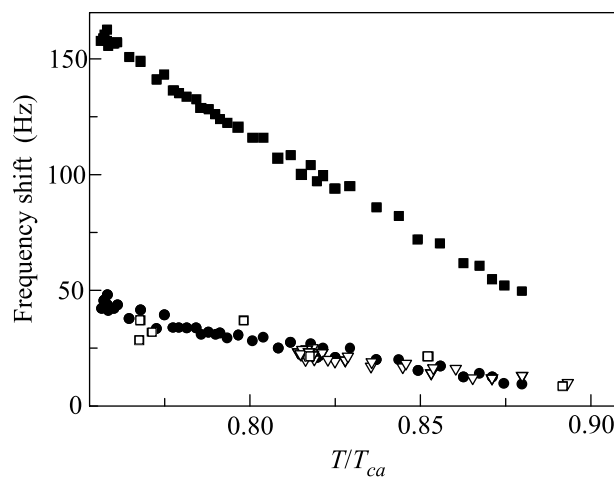

Fig.5. Frequency shifts obtained by fitting CW NMR lines with Lorentzians. Filled squares and circles: f-state and c-state components in the mixed ($f + c$)-line respectively; open squares and triangles: pure c-state (obtained at different cool downs). $P = 29.3$ bar

state and pure c-line (Fig.5). Even more remarkable is the following observation: the longitudinal NMR signal

from the pure c-state is absent. This explains also why the longitudinal signal from the mixed $(f+c)$-state (solid curves in Fig.2) is not a two-maximum shaped line: we see in fact only the signal from the f-state.

Pulsed NMR Experiments. In both pure c- and mixed $(f + c)$-states we have measured the dependence of the frequency ω of free induction decay signal (FIDS) versus the initial tipping angle β. The frequency was determined by fitting the initial 1 ms of the observed FIDS (which decay time was about 10 ms) by a function $A(t)\sin(\omega t + \varphi)$. Calibrations in the normal phase have shown that for $\beta < 140°$ the error in determination of the frequency does not exceed 3 Hz and is defined mainly by the stability of the steady magnetic field. For $\beta > 140°$ the results are not reliable: the fitted frequency of the FIDS even in the normal phase starts to depend on β. We think that it is due to the additional signal(s) from the regions outside the aerogel cell. Therefore below we present only points up to $\beta = 141°$ where the estimated error is not yet large (~ 10 Hz).

The dependence shown in Fig.6 is obtained in the pure c-state and it can be fitted by $\omega - \omega_L = A\cos\beta$,
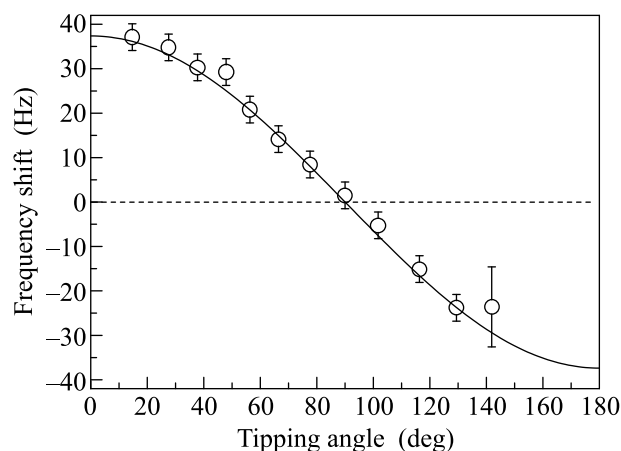

Fig.6. FIDS frequency versus the initial tipping angle in pure c-state. Solid line is the best fit by $(\omega - \omega_L)/2\pi = A\cos\beta$ with $A = 37.4$ Hz. $P = 29.3$ bar, $T = 0.76T_{ca}$. This agrees with the shift of the CW line in the c-state under the same conditions (Fig.5)

where ω_L is the Larmor frequency. The results for the mixed $(f + c)$-state are shown in Fig.7. Note that there is an additional complication in this case. The effects of fast spin exchange in the mixed state are presumably not large (otherwise we would not observe two-maximum shape of the CW NMR line or at least the width and position of the pure c-line would not correspond to the width and position of the c-component of the mixed state line). Correspondingly, the FIDS in the $(f + c)$-state should be a sum of two FIDS (from f- and c-states) and
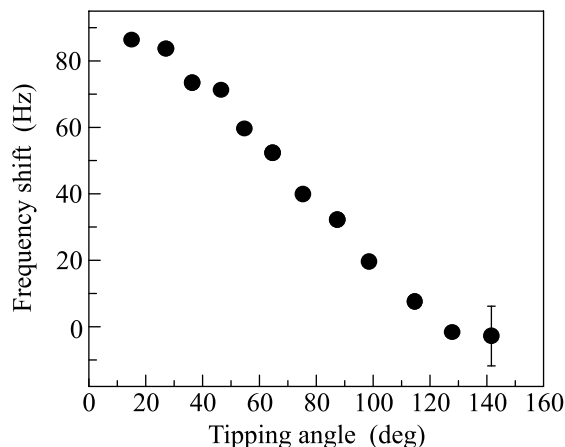

Fig.7. FIDS frequency versus the initial tipping angle in the mixed $(f + c)$-state. $P = 29.3$ bar, $T = 0.76T_{ca}$

our procedure of fitting with one sinusoid does not describe the situation properly: the value of the obtained frequency may depend on relative amplitudes of FID signals from f and c states which may change with time in a different way, on frequencies of these states (which also may depend on time) etc. Our attempts to fit FIDS in the mixed state with a sum of two sinusoids were not a success yet. Thus, the results presented in Fig.7 may be considered only as a first approximation, if one wants to compare them with the theoretical predictions. It is worth mentioning that the results shown in Fig.7 qualitatively agree with pulsed NMR results in 97.5% aerogel [6].

Discussion. Our results are summarized below:

1. Longitudinal NMR signals have been observed in both A-like and B-like superfluid phases.

2. When the A-like phase is obtained on cooling without additional effort we get a two-maximum shaped CW absorption signal $((f + c)$-state). If at temperatures near T_{ca} we apply 180° pulses, then CW NMR line is changed: only one of the above mentioned maximums (with a smaller frequency shift) remains (pure c-state). Remarkable feature of the c-state is that in this case we see no traces of the longitudinal resonance. It means that either the longitudinal resonance in this state is absent, or its frequency in our temperature range $(0.74T_{ca} - 1.0T_{ca})$ is much smaller than 9.593 kHz.

3. The frequency of FIDS from the c-state is well described by the following dependence:

$$(\omega - \omega_L)/2\pi = A(T)\cos\beta.$$

The origin of the c-state (as well as the dependence of the FIDS frequency in the c-state) can be explained by the theory of the "nearly robust" ESP phase [15], where it is shown that this state can be a metastable

spin-orbital configuration of the "robust" ESP phase. However many unclear points still remain. At $P = 29.3$ bar transverse NMR frequency shift in the f-state at $T = 0.835 T_{ca}$ (where we see the maximal absorption in longitudinal resonance) is about 85 Hz (filled squares in Fig.5). Let us suggest that the f-state is purely "robust" ESP phase. Using the results of [16] we can find that for a given longitudinal resonance frequency we should have the shift about 32 Hz. Theory developed in [10] gives approximately the same results as [16] for the relation between transverse NMR frequency shift and the frequency of the longitudinal resonance. Corrections due to possible deflections from the "robust" state [15] can improve the situation, but not sufficiently. A good agreement with [15] can be obtained only if we suggest that for some reason the measured value of the longitudinal resonance is $2/3$ of the Leggett frequency in the A-like phase. It is possible if nevertheless there is some interaction between f- and c-states, however this interaction also should change the results for the transverse NMR shift. It is also not clear why in some experiments in the A-like phase a negative frequency shift from the Larmor value is observed [1, 4, 5]. In one of our previous cells the maximal negative frequency shift was about 600 Hz (in the field of 284 Oe and at pressure of 25.5 bar) [5]. Note that now (at similar conditions of the experiments) the shift is positive and does not exceed ~ 200 Hz. In another sample of aerogel (the cell is described in [17]) we have seen only positive frequency shift and its value (recalculated to 224 Oe) was close to the case of our present aerogel sample. One more open question is why the frequency of longitudinal magnetic resonance in the A-like phase is much smaller than in the B-like phase. The above mentioned discrepancies could mean that the orientation of the orbital part of the order parameter of the A-like phase is defined mainly by intrinsic anisotropy of the aerogel sample but not by the minimization of the dipole energy. It is also not clear why the f-state does not survive after 180° pulses. Further experiments are necessary to clarify these questions. In particular, it would be quite useful to obtain pure f-state and to measure the dependence of its FIDS frequency on the tipping angle and to observe the longitudinal resonance.

1. B. I. Barker, Y. Lee, L. Polukhina, et al., Phys. Rev. Lett. **85**, 2148 (2000).

2. G. Gervais, T. M. Haard, R. Nomura et al., Phys. Rev. Lett. **87**, 035701-01 (2001).

3. V. V. Dmitriev, V. V. Zavjalov, I. V. Kosarev et al., JETP Letters **76**, 321 (2002) [Pis'ma v ZhETF **76**, 371 (2002)].

4. V. V. Dmitriev, I. V. Kosarev, N. Mulders et al., Physica B **329–333**, 296 (2003).

5. V. V. Dmitriev, I. V. Kosarev, N. Mulders et al., Physica B **329–333**, 320 (2003).

6. O. Ishikawa, R. Kado, H. Nahagawa et al., AIP Conf. Proc. **850**, 235 (2006).

7. I. A. Fomin, JETP Lett. **77**, 240 (2003) [Pis'ma v ZhETF **77**, 285 (2003)].

8. I. A. Fomin, J. of Low Temp. Phys. **134**, 769 (2004).

9. G. E. Volovik, JETP Lett. **63**, 301 (1996) [Pis'ma v ZhETF **63**, 281 (1996)].

10. G. E. Volovik, cond-mat/0605276, this issue, p. 533.

11. D. D. Osheroff, talk at ULT2005 Symposium, Gainesville, Florida 18–20 August 2005.

12. V. V. Dmitriev, I. V. Kosarev, and D. V. Ponarin, Instr. and Exp. Techniques **46** 845 (2003).

13. R. W. Giannetta, E. N. Smith, and D. M. Lee, Phys. Lett. A **62**, 335 (1977).

14. J. Kokko, M. A. Paalanen, R. C. Richardson, and Y. Takano, J. Phys. C **11**, L125 (1978).

15. I. A. Fomin, cond-mat/0607790, submitted to JETP Lett.

16. M. Miura, S. Higashitani, M. Yamamoto, and K. Nagai, J. of Low Temp. Phys. **138**, 153 (2005).

17. V. V. Dmitriev, N. Mulders, V. V. Zavjalov, and D. E. Zmeev, JETP Lett. **79**, 499 (2004) [Pis'ma v ZhETF **79**, 612 (2004)].