

Thermodynamics of spin systems in periodic magnetic fields

É. B. Fel'dman

Branch of the Institute of Chemical Physics, Academy of Sciences of the USSR

(Submitted 11 April 1984)

Pis'ma Zh. Eksp. Teor. Fiz. **39**, No. 12, 537-539 (25 June 1984)

During the evolution of the spin system in multiple-pulse experiments, multiple-spin resonances change the structure of quasiequilibrium states. These changes are responsible for the divergence of power-series expansions of the effective Hamiltonians.

1. The dynamics of spins which are coupled by a dipole-dipole interaction and which are acted upon by a rapidly oscillating periodic field can be studied by means of a time-independent effective Hamiltonian.¹⁻³ An averaging of the dipole-dipole interaction by an external field for this Hamiltonian leads to a power series in the parameter $\epsilon = t_c \omega_{loc}$, where t_c is the field period, and $\omega_{loc} \sim \|\mathcal{H}_d\|$ (\mathcal{H}_d is the Hamiltonian of the dipole-dipole interaction). When the thermodynamic methods of Ref. 4 are applied to a system with average dipole-dipole interactions, the results agree well with experimental data⁵⁻⁷ obtained for times $t \sim T_2$ ($T_2 \sim \omega_{loc}^{-1}$). At $T_{1\rho} \gg t \gg T_2$ ($T_{1\rho}$ is the spin-lattice relaxation time in a rotating coordinate system, $T_{1\rho} \gg T_2$, however, there are substantial discrepancies between the theory based on a time-dependent effective Hamiltonian¹ and experimental data.⁶ A theory for relaxation processes with $T_{1\rho} \gg t \gg T_2$ is extremely important for studying slow molecular motions in solids.⁸

In the present letter we show that the reason for the discrepancies between theory and experiment is that at $t \gg T_2$ the power-series expansion of the effective Hamiltonian, which has been used successfully at $t \sim T_2$, becomes divergent. The divergence results from multiple-spin resonant processes,⁹ which are important at $T_{1\rho} \gg t \gg T_2$. We also show that the most important of these processes forms a new quasiequilibrium state of the system at $t \gg T_2$, and we describe a method for constructing effective Hamiltonians for describing the spin dynamics for $T_{1\rho} \gg t \gg T_2$.

2. To analyze the convergence of the power-series expansions of effective Hamiltonians we consider the example of a problem which can be solved exactly: a spin ($s = 1/2$) in a static magnetic field and also a circularly polarized alternating magnetic field. In this case the density matrix $\rho(t)$ obeys the equation

$$i \frac{d\rho(t)}{dt} = \left[\omega_0 \hat{S}_z + \frac{\omega_1}{2} (e^{-i\omega t} \hat{S}^+ + e^{i\omega t} \hat{S}^-), \rho(t) \right], \quad (1)$$

where \hat{S}_α ($\alpha = x, y, z$) are the Pauli matrices, $S^{\pm 1} = \hat{S}_x \pm i\hat{S}_y$, ω is the frequency of the alternating field, and ω_0 and ω_1 are the amplitudes of the static and alternating magnetic fields (expressed in frequency units).

In this very simple problem it is possible not only to derive a power-series expansion of the time-dependent effective Hamiltonian in the parameter $\lambda = 1/\omega$ (a Magnus

expansion¹⁰) but also to find its sum $\hat{\mathcal{H}}(\lambda)$ defined by

$$\hat{\mathcal{H}}(\lambda) = \left\{ 1 - \frac{1}{\sqrt{1 - [2\omega_0\lambda - (\omega_0^2 + \omega_1^2)\lambda^2]}} \right\} \left[(\omega_0 - 1/\lambda)\hat{S}_z + \omega_1\hat{S}_x \right]. \quad (2)$$

To resolve the question of the convergence of the resulting series, we analytically continue $\hat{\mathcal{H}}(\lambda)$ into the plane of the complex variable λ . This continuation is possible in the interior of the circle $|\lambda| < 1/\sqrt{\omega_0^2 + \omega_1^2}$. On the circle $|\lambda| = 1/\sqrt{\omega_0^2 + \omega_1^2}$ there are two singularities (branch points) in $\hat{\mathcal{H}}(\lambda)$ [$\lambda_{1,2} = (\omega_0 \pm i\omega_1)/(\omega_0^2 + \omega_1^2)$]. It thus follows¹¹ that the convergence radius of the Magnus expansion is $1/\sqrt{\omega_0^2 + \omega_1^2}$. It has been asserted¹² erroneously that this expansion converges for all λ . Under the customary condition $\omega_1 \ll \omega_0$, the Magnus expansion converges at $\omega > \omega_0$, i.e., when the frequency of the alternating field exceeds the resonant frequency of the system; it diverges in the opposite case.

3. It is possible in principle to derive power-series expansions of effective Hamiltonians with a far larger convergence radius. To find such expansions, we switch to a representation of the interaction in terms of the field term $\omega_0\hat{S}_z$ in (1). In this representation the alternating field oscillates at a frequency $\Delta\omega = \omega_0 - \omega$, and the power-series expansion of the effective Hamiltonian in the parameter $\lambda' = 1/\Delta\omega$ determined by the method of Ref. 1 converges if $|\lambda'| < 1/\omega_1$. The convergence radius of the series found here is therefore substantially greater than that found in Sec. 2, because of the condition $1/\omega_1 \gg 1/\sqrt{\omega_0^2 + \omega_1^2}$ ($\omega_1 \ll \omega_0$).

4. Let us apply these arguments to the dynamics of a system of spins which are coupled by a dipole-dipole interaction and which are acted upon by a series of pulses $90_y^0 - \tau - (\phi_x - 2\tau)^N$, where ϕ_x is an rf pulse which rotates the spins through an angle ϕ around the x axis, and 2τ is the spacing between pulses. After a time $t \sim T_2$, a quasiequilibrium^{9,4} is established in the system with a density matrix ρ which can be written in the high-temperature approximation as follows:

$$\rho = \frac{1}{Z} (1 - \beta \hat{\mathcal{H}}), \quad Z = \text{Sp}(1), \quad (3)$$

where β is the reciprocal spin temperature, and the Hamiltonian $\hat{\mathcal{H}}$ for $\phi/2\tau \sim \omega_{\text{loc}}$ is given within terms $\sim \epsilon\omega_{\text{loc}}$ by

$$\hat{\mathcal{H}} = \frac{\varphi}{2\tau} \hat{S}_x - \frac{1}{2} \hat{\mathcal{H}}_{dx} + \frac{\sin \varphi}{\varphi} (\hat{\mathcal{H}}_d^2 + \hat{\mathcal{H}}_d^{-2}). \quad (4)$$

Here $\hat{\mathcal{H}}_{dx}$ is the secular part of the dipole-dipole interaction (secular with respect to the x axis of the rotating coordinate system), and $\hat{\mathcal{H}}_d^{\pm 2}$ is the nonsecular part. The quasiequilibrium magnetization at $t \sim T_2$ calculated from (3) and (4) agrees with experimental data. It follows from (3) and (4) that at $T_{1\rho} \gg t \gg T_2$ the magnetization of the system is finite. The experiments of Ref. 6, in contrast, show that at $T_{1\rho} \gg t \gg T_2$ the magnetization falls slowly to zero.

To simplify the further analysis we set $\phi \approx 2\pi/n$ (n is an even number that satisfies

$|\phi - 2\pi/n| \lesssim \epsilon$; in practice, its value is in the range $4 \leq n \leq 8$). In this case a governing role in the heating of the system at $t \gg T_2$ is played by an n -spin resonant absorption of energy of the external fields, accompanied by the simultaneous flipping of n spins.⁹ The amplitude of the perturbation responsible for this process is⁹ $\sim \epsilon^{n/2} \omega_{\text{loc}}$, so that at $t \sim T_2$ the effect of the n -spin resonance on the dynamics of the system can be ignored. In this case expression (4) is a good approximation of the effective Hamiltonian.

This resonance cannot, however, be ignored up to the time $t \sim W^{-1} \gg T_2$ ($W \sim \epsilon^n \omega_{\text{loc}} \exp\{- (2\pi - n\phi)^2 / 6\epsilon^2\}$ is the probability for the process²). It is not possible to incorporate the resonant process by refining (4) through the calculation of higher-order terms because of the divergence of the resulting expansion.

We now use the arguments of Sec. 3. We transform to a coordinate system which is rotating at a frequency $\pi/n\tau$ around the x axis, and in this system we average the dipole-dipole interaction by a series of rf pulses by the method of Ref. 1. The average Hamiltonian $\hat{\mathcal{H}}$ then becomes

$$\hat{\mathcal{H}} = \left(\frac{\varphi}{2\tau} - \frac{\pi}{n\tau} \right) \hat{S}_x - \frac{1}{2} \hat{\mathcal{H}}'_{dx} + \hat{R}^n + \hat{R}^{-n}, \quad (5)$$

where the secular part of the dipole-dipole interaction, $\hat{\mathcal{H}}'_{dx}$ differs from $\hat{\mathcal{H}}_{dx}$ by terms $\sim \epsilon \omega_{\text{loc}}$, and $\hat{R}^{\pm n}$ represents the nonsecular terms of the dipole-dipole interaction, which cause transitions involving a flipping of n spins.

By the time $t \sim W^{-1}$, quasiequilibrium (3) is established in the spin system, and the Hamiltonian $\hat{\mathcal{H}}$ is now given by (5). The corresponding quasiequilibrium magnetization is $\sim |2\pi - n\phi| / n\phi$ of its value at $t \sim T_2$.

The slow decay of the magnetization observed⁶ at $T_{1\rho} \gg t \gg T_2$ can thus be attributed to a change in quasiequilibrium (3). At $t \sim T_2$, this quasiequilibrium is determined by Hamiltonian (4), while at $t \sim W^{-1}$ it is determined by Hamiltonian (5).

I wish to thank V. I. Matsaev and B. N. Provotorov for assistance and É. I. Rashba for a useful discussion of the results.

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